

Bodiclear™ **(Qing Ti Pai Du Pian/Wan)**

Bodiclear™ (Qing Ti Pai Du Wan, Qing Ti Pai Du Pian, 清体排毒丸) is a Chinese herbal remedy specially formulated to detox the body and may help restore beauty in those who easily develop boils, carbuncles, and acne due to consumption of too much greasy diet and smoking etc.†

What does it do?

Our body constantly produces metabolic wastes such as free radicals, urine, and feces. Our body is also exposed to potentially hazardous substances from the surroundings like the air we breath and the food we ingest. The harmful substances in the body are in general referred as “toxins” by alternative medicines including Traditional Chinese medicine (TCM). Most toxins are detoxified by the liver and kidneys and are excreted. If toxins are accumulated in the body they will be detrimental to one’s health. While modern biomedical science believes that our natural mechanism of detoxification is sufficient, alternative medicines claim that application of detoxification techniques is beneficial to the body.

One major way of detoxification involves TCM and Chinese herbs. Millions of Chinese regularly use Chinese herbs to remove “toxins” from the body. In TCM, when toxins are accumulated, it more easily develops skin eruptions like boils (furuncle), carbuncles, impetigo, sores, and acne. When one takes too much greasy food or alcohol, food residues retained in the colon become a big source of toxins.

Bodiclear™ is a Guang Ci Tang signature Chinese herbal formula for detoxing the body.† It consists of multiple Chinese herbs that act in different aspects to clear toxins. In the meantime, the Chinese medicine includes herbs that nourish the Qi energy, Blood and the Kidneys to enhance the

normal function of the body. Its proprietary combination of Chinese herbs are detailed below.

- Lian Qiao (Forsythia fruit) is well known for its properties of expelling toxins (pathogenic factors) and clearing heat. The Chinese herb may subdue swellings, dissolve lumps and dispel wind-heat.†
- Ban Zhi Lian (Scutellaria herb) clears heat and relieves toxicity. It disperses blood stasis, promotes urination, and reduces swellings and carbuncles. The Chinese herb is also shown to have anti-tumor properties in recent years.†
- Dan Shen (Salvia root) is best known for promoting blood circulation and removing blood stasis.† The Chinese herb is often used for boils and carbuncles.
- Huang Qi (Astragalus root) is a key Chinese herb that nourishes Qi and enhances the immune and digestive functions. It is also known to help healing the wounds from pus and impetigo.†
- Da Huang (Rhubarb root) drains fire and removes toxins. The Chinese herb moistens intestines to relieve constipation.†
- Rou Cong Rong (Cistanche herb) nourishes the Kidneys and enhances the Yang energy. It also has the property of moistening the intestines and assisting the bowel movement.
- Dang Gui (Angelica root) is a common blood tonic herb and removes blood stasis. Additionally, it moistens the intestines and unblocks the bowels;

reduces swelling and expels pus.† The combination of Angelica with Rhubarb and Cistanche in the formula may fasten the removal of feces, a major source of toxins considered by alternative medicines.

- Dang Shen (Codonopsis root) is well known to tonify the Spleen and nourish Qi and strengthens the digestive function.
- Fu Ling (Poria) removes Dampness but it also strengthens the digestive function.
- Gan Cao (Licorice root) tonifies Spleen and Qi and moderates the action of the other herbs.†

What is Available?

40 grams in 200 mg 200 tablets (pian) or 200 mg 200 pills (wan).

How do I use it?

Take 5 to 7 tablets or pills three times daily.

Side Effects

Bodiclear™ has been safely used with few adverse effects when used as directed.

Cautious Notes

1. Do not use it during pregnancy.
2. For best results, restrain from taking greasy and spicy food and smoking.
3. Consult your herbalist or physician before use if you are taking other medicines.
4. Keep out of reach of children.

清体排毒片(丸)

Qing Ti Pai Du Pian/Wan

[药物组成] 连翘、半枝莲、丹参、黄芪、大黄、肉苁蓉、当归、党参、茯苓、甘草。

- 连翘：众所周知的清热解毒中药。还能消肿散结，疏散风热。
- 半枝莲：清热解毒、活血化瘀、利水消肿。主治毒蛇咬伤、疗疮疖肿。近年来研究发现半枝莲具有抗肿瘤活性。
- 丹参：丹参活血化瘀的作用广为人知。丹参还能消肿，用于痈疮肿痛。
- 黄芪：补气、增强免疫功能之要药。黄芪还能托疮生肌，用于疮疡久不溃破，或疮疡溃破后，久不收口。
- 大黄：泻热排毒，润肠通便。
- 肉苁蓉：既补肾阳，益精血，又润肠通便。
- 当归：补血活血的常用中药。也用于肠燥便秘，痈疽疮疡。大黄、肉苁蓉与当归的合用可加快清除结肠

清体排毒片/丸是广慈堂生产的用于排毒、养颜的中成药，适用于嗜食辛辣油腻之物后易发疮疖、粉刺者。

我们的身体不断的代谢，产生自由基、尿、粪便等代谢废物。我们的身体不断的跟周围的环境接触，呼吸空气，摄取食物，容易受到有害物质侵入。体内的各种有害物质在传统医学包括中医看来属于“毒”。大多数毒素在体内由肝脏和肾脏解毒并排出体外。滞留在体内的毒素会对身体产生损害。现代医学认为人体自然的解毒机制足够解除体内的毒素，而传统医学认为采用排毒的方法对身体健康有益。

使用中医中药是主要的排毒方法之一。数以百万的中国人定期使用中药来清体排毒。中医认为，当毒素在体内积聚时，皮肤更容易出现疔、疮、疖、肿、粉刺等。如嗜食过多醇厚、肥腻、辛辣之物，食物残留物滞留在结肠内，成为毒素的一大来源。

清体排毒片/丸是广慈堂用于排毒养颜的专家配方。该产品含有多种中药进行多方位排毒，同时清体排毒片含有补益气、血、肾的中药，能增强体质。排补结合，排毒而不伤正气，避免了其它一些排毒产品一惟排毒从而伤正的缺点。

内的宿便。而中医认为，宿便中所含的毒素是百病之源。

- 党参：补脾益气，增强消化功能。
- 茯苓：健脾去湿，增强消化功能。
- 甘草：补脾益气，清热解毒，调和诸药性。

[生產單位]

廣慈堂(Shanghai TongHanChun Herbs Factory)

[規格]200 片或 200 丸

[用法用量]口服，一次5-7片或丸，一日2-3次。或遵醫囑。

[注意事項]

1. 为达最佳效果，少食辛辣油腻之物。
2. 请将本品放在儿童不能接触的地方。
3. 如正在使用其他药品，使用本品前请咨询医师或药师。

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